



The Current

Three Rivers Martial Arts Academy Newsletter, November 2011

Junior Jiu-Jitsu Tournament

Saturday, October 22, 2011

Thanks to everyone who participated in the eighth-annual jiu-jitsu tournament. There were 46 competitors, and everyone demonstrated excellent technique and sportsmanship throughout the four-hour tournament! Because we had so many participate, we moved the tournament downstairs to the Energy Fitness gym. Special thanks to all the volunteers and parents who helped us move mats down and back up again.

Congratulations to the following competitors:

Quinn Atnip, Absolute Lightweight Champion
Skyler Gleue, Absolute Heavyweight Champion

Flyweight

Colin Tolar, gold
Ian Aguilar, silver
Matthew Wolfe, bronze

Featherweight

Evan Oliver, gold
Seth Mayfield, silver
Rawlin Brooking, bronze

Welterweight

Chance Mayfield, gold
Connor Brooking, silver
Duncan Truitt, bronze

Light Heavyweight

Skyler Gleue, gold
Natalie Mayfield, silver
Joseph Gilley, bronze

Bantamweight

Kolby Martin, gold
Chase Yarbrough, silver
Gage Gottman, bronze

Lightweight

Joseph Roberts, gold
Gage Holder, silver
Quinn Atnip, bronze

Middleweight

Kaleb Betts, gold
Gabe Soto, silver
Brady Hempen, bronze

Heavyweight

Trey Martin, gold
Ryan Dukes, silver



Black Friday Workshop – “Beyond Technique”

Three Rivers owner and chief instructor Jason Hawkins will conduct the third-annual Black Friday workshop on November 25. The theme this year is to explore the health and psychology of the martial arts. Proficiency in technique gets the student on the right path, but to make the journey toward mastery requires one to step on the path of self discovery. An inward journey begins! The workshop is from 2:30 to 5:30 pm and costs \$45 for Three Rivers and IQ Athletic members. We hope to see you there!

Recent Promotions

Congratulations to the following students (and instructors) for their accomplishments:

Nayelli Aguilar, orange-white
Quinn Atnip, orange
Skyler Gleue, green

Cody Lujan, orange-white
Joshua Nelson, green

Eric Romanak, purple
Jack Rusten, orange